



# **ON-SITE GERIATRIC MENTAL HEALTH: A CO-LOCATION MODEL AT SENIOR HOUSING**

---

Makeda Cowan, MHC-RN

Lynne Azanow-Saturno, LCSW

Los Angeles County Department of Mental  
Health

Geriatric Evaluation Networks Encompassing  
Services Intervention Support Programs  
(G.E.N.E.S.I.S)

Kara Rawson, Property Manager

Inglewood Meadows, Thomas Safran &  
Associates

6-13-2013



# LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH MISSION

---

“Enriching lives through **partnership** designed to strengthen the **community’s** capacity to support recovery and resiliency is our mission. DMH works with its stakeholders and community partners to provide clinically competent, culturally sensitive and linguistically appropriate mental health services to our clients in the least restrictive manner possible. We tailor our services and support to help clients and families achieve their personal goals, increase their ability to achieve **independence and develop skills to support their leading the most constructive and satisfying life possible.**”



# MENTAL HEALTH SERVICES ACT (MHSA)

---

Passage of Proposition 63  
November 2004

Creation of Innovative Services  
Full Service Partnerships (FSP)  
Field Capable Clinical Services (FCCS)



# TRADITIONAL SERVICES VS. FIELD BASED SERVICES COMMUNITY SERVICES

---

- Field Capable Clinical Services (FCCS)
- Serve clients in the Community
- Reduce access and stigma barriers
- Client's home
- Primary Care Provider Site
- Senior Center
- Adjunct Support e.g. Service Extender



# OBJECTIVES OF CO-LOCATION

---

- Provide an easily accessible mental health treatment resource in the community setting
- Reduce stigma associated with seeking mental health treatment
- Provide a broad range of mental health treatment services including individual and/or group therapy, referral/linkage and triage services
- Cross Training of staff versed in the care of persons with psychiatric needs and older adults
- Provision of community education



# NEEDS AND ISSUES FACING OLDER ADULTS

---

- Bio-Psychosocial Aspects of Aging
  - Health
  - Emotional / Mental Health
  - Support System
- Resources
- Advocacy



# FCCS SERVICES

---

Delivery of mental health treatment services via a interdisciplinary team which has the ability to provide these services in vivo

- Client's home
- Residential Care Facilities
- Shelters etc.

**Services Include:**

- Medication Support
- Therapy (Individual & Group)
- Case Management
- Linkage & Referral



# THE GENESIS FCCS TEAM (Housing Site)

---

- o Supervisor

Kathryn L. Crain, LCSW

310-519-6221

- o Team Members

Makeda Cowan, MHC-RN

213-305-3041

Lynne Azanow-Saturno, LCSW

213-804-8542





# CO-LOCATION BENEFITS

---

- Reducing Stigma
- Set Schedule
- Proximity
- Warm Hand-Off
- Staff Training
- Consultation
- Reliability



# CO-LOCATION BENEFITS

---

- Trust Building
- Resources
- Case Management
- Crisis Intervention
- Confidentiality
- Full Mental Health Treatment/Care
- Collaboration
- Cultural Competency



# ACCESS 24/7 HOTLINE

---

ACCESS  
(Department of Mental Health)

(800)854-7771  
(24 hours a day 7 days a week)

# Q&A

---

